

4<sup>th</sup> ANNUAL JEFF GUSTAFSON MEMORIAL  
HOCKEY CAMP  
June 14-17, 2010

**Camp Philosophy:** TO DEVELOP AND IMPROVE THE HOCKEY SKILLS OF YOUTH PLAYERS. DESIGNED TO TEACH APPROPRIATE SKILLS AND TACTICAL PREPARATION FOR EACH AGE LEVEL, WITH THE MOST UP-TO-DATE TRAINING TECHNIQUES FOR MAXIMUM POTENTIAL. EACH SESSION WILL HAVE A MINIMUM OF TWO QUALIFIED INSTRUCTORS ON ICE. WE STRONGLY BELIEVE THAT LEARNING TAKES PLACE WHEN PLAYERS ARE HAVING FUN.

**Name:** \_\_\_\_\_ **Birth Date:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**CHECK THE AGE GROUP YOU WILL BE PARTICIPATING IN.**

**Camp Fee: \$125.00**

-Camp fee covers jersey, meals, instruction, and 7 1/4 hours of ice time  
\_\_\_\_\_ Termite, Mite, 10U                      \_\_\_\_\_ Squirt, 12U  
\_\_\_\_\_ Peewee, Bantam, 14U, 16U                      \_\_\_\_\_ HS Boys, 19U  
\_\_\_\_\_ Goaltenders are \$75.00 for all levels

We reserve the right to alter age groups at any time.

**\*\*Registration Deadline is June 7, 2010. Please make checks payable to Hazen Winter Sports**

\$75.00 must be paid up front to hold a spot in the camp. Remainder due on the 1<sup>st</sup> day of camp.

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Waiver of Liability

I approve the participation of my child \_\_\_\_\_ (Full Name)  
In the Hazen/Beulah Summer Hockey Camp. I Understand the Hazen Winter Sports does not assume responsibility for injuries sustained in practice or games and that insurance coverage for such injuries is the responsibility of the parent or guardian.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or Guardian)

# HOCKEY CAMP SCHEDULE

<p><b><u>Termite/Mite/10U</u></b>          10:15-11:15am- On ice          11:15-12:00 Lunch          12:15-1:15pm Organized recreation          1:15-2:15pm Off- ice dryland training          3:15-4:15pm On-ice</p>	<p><b><u>Squirt/12U</u></b>          9:00-10:00am On-ice          10:15-11:15am Off-ice dryland training          11:15-12:00 Lunch          12:15-1:15pm organized recreation          2:00-3:00 On-ice</p>
<p><b><u>Pee wee/Bantam/14U/16U</u></b>          9:30-10:30am Organized recreation          11:15-12:15 On-ice          12:15-1:15pm Lunch          1:15-2:15pm Organized Recreation          2:15-3:15pm Off-ice dryland training          4:15-5:15pm On-ice</p>	<p><b><u>High School/19U</u></b>          8:00-9:00am On-ice          9:15-10:15am Off-ice dryland training          10:15-11:30am Organized Recreation          11:30-12:15 Lunch          1:00-2:00pm On-ice</p>
<p><u>We reserve the right to alter the schedule, format, and instructors at any time.</u></p>	<p><b><u>THURSDAY SCHEDULE</u></b>          8:00-9:15am HS Boys, 19U          9:30-10:45am Squirt, 12U          11:00-12:15pm Termite, Mite, 10U          12:30-1:45pm          Pee wee/Bantam/14U/16U</p>

- Day 1 emphasis- morning powerskating, afternoon implementation
- Day 2 emphasis- morning stickhandling, afternoon passing
- Day 3 emphasis- morning shooting, afternoon review of day 1-3
- Day 4 emphasis- morning small area games, competitions

Campers please bring Full hockey gear, swimsuit, towel, running shoes, shorts, t-shirts.

**Mail Registration Form To:**

Hazen Winter Sports  
 Joe Amundson  
 PO Box 717  
 Hazen, ND 58545  
 hws@westriv.com  
 701-748-6948